

Week #1

DAY	SUN	MON	TUE	WED	THUR	FRI	SAT
TIME	am pm	am pm	am pm	am pm	am pm	am pm	am pm
DOSAGE	mg	mg	mg	mg	mg	mg	mg
	RATING	RATING	RATING	RATING	RATING	RATING	RATING
Appetite							
Behavioral improvement							
Calming							
Discomfort							
Inflammatory response							
Joint health							
Mobility/Movement							
Rash/Skin issues							
Restlessness							
Stiffness							
Wound							
Other:							

RATE BENEFITS EACH DAY USING THIS SCALE

- 1 Significant improvement
- 2 Some improvement
- 3 About the same
- 4 Worse

Week #3

DAY	SUN	MON	TUE	WED	THUR	FRI	SAT
TIME	am pm	am pm	am pm	am pm	am pm	am pm	am pm
DOSAGE	mg	mg	mg	mg	mg	mg	mg
	RATING	RATING	RATING	RATING	RATING	RATING	RATING
Appetite							
Behavioral improvement							
Calming							
Discomfort							
Inflammatory response							
Joint health							
Mobility/Movement							
Rash/Skin issues							
Restlessness							
Stiffness							
Wound							
Other:							

RATE BENEFITS EACH DAY USING THIS SCALE

- 1 Significant improvement
- 2 Some improvement
- 3 About the same
- 4 Worse

Week #2

DAY	SUN	MON	TUE	WED	THUR	FRI	SAT
TIME	am pm	am pm	am pm	am pm	am pm	am pm	am pm
DOSAGE	mg	mg	mg	mg	mg	mg	mg
	RATING	RATING	RATING	RATING	RATING	RATING	RATING
Appetite							
Behavioral improvement							
Calming							
Discomfort							
Inflammatory response							
Joint health							
Mobility/Movement							
Rash/Skin issues							
Restlessness							
Stiffness							
Wound							
Other:							

RATE BENEFITS EACH DAY USING THIS SCALE

- 1 Significant improvement
- 2 Some improvement
- 3 About the same
- 4 Worse

Week #4

DAY	SUN	MON	TUE	WED	THUR	FRI	SAT
TIME	am pm	am pm	am pm	am pm	am pm	am pm	am pm
DOSAGE	mg	mg	mg	mg	mg	mg	mg
	RATING	RATING	RATING	RATING	RATING	RATING	RATING
Appetite							
Behavioral improvement							
Calming							
Discomfort							
Inflammatory response							
Joint health							
Mobility/Movement							
Rash/Skin issues							
Restlessness							
Stiffness							
Wound							
Other:							

RATE BENEFITS EACH DAY USING THIS SCALE

- 1 Significant improvement
- 2 Some improvement
- 3 About the same
- 4 Worse